



# **ALZHEIMER ASSOCIATION**

Registered 30<sup>th</sup> May 2005 – Number 8652

Accreditation number CSR Committee N/1184

Jean Vaubert de Chantilly Alzheimer Centre

c/o Couvent de Belle Rose,

Old Moka Road

Belle Rose

A Member of ADI (Alzheimer Disease International), The International Federation of 78 Alzheimer Associations around the world.

Affiliated to MACOSS

## **OBJECTIVES**

1. To increase awareness in the public about Alzheimer's disease and other dementias
2. To provide support and care to persons suffering from Alzheimer's Disease and to their families
3. To advocate for greater understanding of Alzheimer's Disease and to improve the management
4. To make Alzheimer's Disease a health priority
5. To carry out research on dementias and Alzheimer's Disease



# **ALZHEIMER ASSOCIATION**

## **EXCUTIVE COMMITEE**

President	Dr Ameenah Sorefan
Vice-President	Dr Pascale Dinan
Secretary	Gilbert Ponton
Assistant Secretary	Sr Claudette Begue
Treasurer	Désirée Job
Assistant Treasurer	Mary Ramiah
Members	Eric Nicholas Mariam Mauthoor Dr Claude Ricaud
Our Bank	The Mauritius Commercial Bank Ltd Rose Hill Mauritius
Account Number	030099064
Eban	MU21MCBL0903000000099064000MUR



## **ALZHEIMER ASSOCIATION**

### **OUR ACTIONS**

- Day Care Centre for patients with Alzheimer Disease
- Awareness Campaign in the media
- Training of Volunteers
- Training of Doctors
- Public Lectures
- Support and information at the Centre
- Free medical consultation for diagnosis and care
- Psychosocial care and support for patients and families
- Activities with elderly persons every fortnight
- Celebration of World Alzheimer's Day 21 September
- Participation to International Conferences on Alzheimer Disease
- Fund raising activities

**ALZHEIMER DISEASE** is the most common type of dementia – 50 to 60% of all cases of Dementia, affecting mostly elderly persons.

It is associated with wide spread neuron degenerative damage of brain tissue

It results in a decline of the mental and cognitive function, especially memory, language, judgment and thinking and interferes with daily activities and social relationships



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It usually runs a progressive course although it can be step by step; it is irreversible and ultimately fatal.

For people aged over 60 it is the second leading cause of years lived with disability (WHO 2004)

With the ageing of the world's population and the increasing number of people aged over 60 there will be a substantial increase in the number of people with dementia.

World wide there are about 35 millions persons with Alzheimer Disease (2009 ADI report) and In MAURITIUS it was estimated in 2007 that around 6,000 persons had Alzheimer's Disease.

### **The Staff**

We have paid staff and volunteers working at the Day Care Centre Monday to Friday 8.30 am to 3.30 pm

The clients, 14 to 16 patients daily are comfortable and managed with the maintenance of a domestic atmosphere on a daily basis.



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## **Main Activities**

Running the Day Care Centre

The company of other people and the activities provided in the centre may stimulate the person with dementia. Many of the activities at day care centre aim to maintain residual skills and autonomy. Also we are providing respite for families when they leave their elderly with us for the day.

These activities include following:

Reminiscence

Indoor games

Table manners and hygiene

Entertainment and hobbies

Music and dance

Physical exercise

Massage and relaxation

Outings



# **ALZHEIMER ASSOCIATION**

## **BUDGET FOR 2013**

### **Capital costs:**

Fans (3)	Rs 15,000
Water Tank + Solar	Rs 75,000
Furniture (chairs 10 +2tables&chairs)	Rs 25,000
Photocopier , Fax	Rs 40,000
<b>Total Capital Cost</b>	<b>Rs 155,000</b>

## **BUDGET RECURRENT FOR DAY CARE**

### **MONTHLY**

• Nurses x 3	15,000
• Carers 3 x 5,800	17,400
• Cook/maid	4,000
• Cleaner/Attendant	3,500
• Secretary / Receptionist	7,000
• Gardener	500
• Psychologists x 2	10,000
• NPF	2,600
• Coordinator	8,000



## **ALZHEIMER ASSOCIATION**

<b>Total monthly salaries</b>	<b>68,000</b>
<b>Total yearly payroll</b>	<b>884,000</b>
Other costs:	
• Volunteers stipends	10,000
• Travelling for employees	5,000
• Stationery	1,000
• Utilities	2,500
• Food	15,000
• Cleaning Products	3,000
• Others – telephone & maintenance	
	<u>5,000</u>
• <b>TOTAL other costs</b>	<b>41,500</b>
• <b>Total yearly other costs</b>	<b>498,000</b>

**TOTAL estimated costs for year 2013 Rs1,382,000**

### **Additional Recurrent Items for 2013**

- Animators
- Training Sessions
- Public liability insurance
- Property insurance
- Publicity
- Travelling of Clients

**Total estimated recurrent items Rs 150,000**



## ***ALZHEIMER ASSOCIATION***

### **Additional ACTIVITIES and BUDGET for 2013**

Updating Web site (waiting fo funds)	Rs 150,000
Training of Carers	Rs 200,000
Alzheimer's Day 2013	Rs 50,000

### **CONTACT US AT**

**HOTLINE** 800 1111

**Office Tel** 466 0731

<http://mauritiusalzheimer.intnet.mu>

You can The Secretary at

MAIL ADDRESS: [associationalzheimer@intnet.mu](mailto:associationalzheimer@intnet.mu)

**THANK YOU FOR YOUR SUPPORT**